

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO	DOMENICA E FESTIVI
10,00 - 10,50 <b>AQUA FREE STYLE</b> ANDREA	10,00 - 10,50 <b>AQUA FIT</b> STEFANIA	09,00 - 09,50 <b>AQUA FREE STYLE</b> ANDREA	10,00 - 10,50 <b>CARDIO CORE</b> STEFANIA	10,00 - 10,50 <b>AQUA BIKE ENDURANCE</b> ANDREA	09,30 - 10,20 <b>AQUA 3D</b> VITO	
10,50 - 11,40 <b>AQUA BIKE ENJOY</b> ANDREA	10,50 - 11,40 <b>JUMP</b> STEFANIA	09,50 - 10,40 <b>STRESS &amp; REST</b> ANDREA	10,50 - 11,40 <b>AQUA BIKE</b> STEFANIA	10,50 - 11,40 <b>HYDRO TONE</b> ANDREA		11,30 - 12,20 <b>AQUA 3D</b> A ROTAZIONE
	11.40 - 12.30 <b>SWIM &amp; FUNCTIONAL</b> STEFANIA			11,40 - 12,30 <b>AQUA 3D</b> ANDREA		
LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO	
13,15 - 14,05 <b>AQUA GYM</b> VALERIA Z.	13,15 - 14,05 <b>AQUA STEP</b> VALERIA M.	13,15 - 14,05 <b>AQUA BIKE</b> VALERIA Z.	13,15 - 14,05 <b>AQUA FREE STYLE</b> VALERIA M.	13,15 - 14,05 <b>AQUA GYM</b> VALERIA Z.	12,50 - 13,40 <b>AQUA FIT</b> PABLO	
LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'		
18,30 - 19,20 <b>AQUA BIKE ENDURANCE</b> ANDREA	18,30 - 19,20 <b>AQUA GYM</b> ELENA	18,40 - 19,30 <b>JUMP</b> STEFANIA	18,30 - 19,20 <b>HYDRO TONE</b> ANDREA	18,30 - 19,20 <b>AQUA BIKE</b> ELENA	<b>GYM NUOTO con STEFANIA PITAFFI</b> Lunedì-Giovedì 12.10 - 13.00 corso riservato	
19,30 - 20,20 <b>HYDRO TONE</b> ANDREA	19,30 - 20,20 <b>HYDRO JUMP</b> ELENA	19,30 - 20,20 <b>AQUA CIRCUIT</b> STEFANIA	19,30 - 20,20 <b>AQUA BIKE ENJOY</b> ANDREA	19,30 - 20,20 <b>AQUA FREE STYLE</b> ELENA	<b>AQUABIKE SU PRENOTAZIONE</b>	
20,30 - 21,20 <b>AQUA 3D</b> ANDREA	20,30 - 21,20 <b>AQUA BIKE</b> ELENA		20,30 - 21,20 <b>AQUA FUSION</b> ANDREA		 <b>AQUANIENE</b> THE SPORT CLUB	